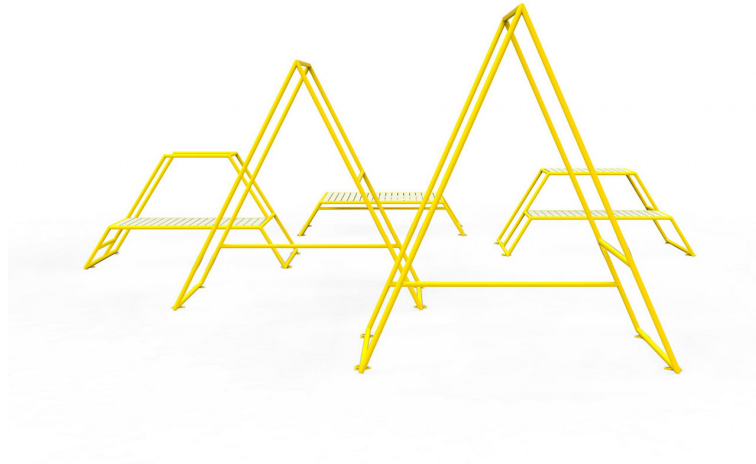


# nola



## Kebne Outdoor Gym

KAUPPI & KAUPPI

The Kebne outdoor gym consists of five free-standing fitness units for strength training and stretching. Each of the five modules is designed for exercises that use the individual's own body weight as a counterweight for resistance training. None of the fitness units contain levers, pulleys or moving parts of any kind, making them uniquely maintenance-free.

Kebne can create inclusive community gathering places for everyone, regardless of age, gender or training ability. Kebne is an excellent choice for built environments, such as neighbourhood squares, school campuses, parks and urban green lanes. Kebne is a natural complement to beach promenades, fitness trails and outdoor leisure & recreation areas. The fitness units can be placed at intervals along outdoor fitness trails. The frames can be produced in a colour with a high-visibility factor to give them a wayfinding capacity, making it easier to spot them in the distance.

The outdoor gym is complemented by an overall sign depicting the functions and potentials of each individual fitness unit. Each unit has a corresponding sign with easy-to-understand icons that illustrate the exercises it is designed for. When ordering a complete outdoor gym (all five fitness units), the signs will display a scannable QR Code linked to Kebne's training videos on [www.summitcalisthenics.com](http://www.summitcalisthenics.com).

Kebne is developed in accordance with standard EN 16630 and meets its requirements for strength, calculated by independent party Structural Engineering AB with FEM-Design 3D Structure.

BIM models are available for each fitness unit on the respective product pages.

For more detailed information, please see the *Kebne Brochure*

Follow Kebne on *Instagram*

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## Certifieringar



Produkt listad i  
Svanens Husportal

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## Utmärkelser



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## Dimensions and weight

Width: 210cm

Height: Modul 1-5:

240/210/115/90/45cm

Sitting height: modul 3-5 45cm

Depth: 140cm

Weight module 1-5: 43/40/74/75/74kg.

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## Materials

Accoya®.

Powder coated Steel RAL / Sablé.

Electro-plated powdercoated 38 x 2,5  
mm steel pipe. Accoya® wood.

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## Standard colours

RAL 7016

RAL 1023

RAL 3009

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## Product number

Ö72-09

Kebne outdoor  
gym module 1-5,  
incl. sign

B11-08

Start-up fee for  
other wood

**B11-06**

materials than the standard option  
Start-up fee for other steel powdercoating colors than standard, use a RAL color

**Additional description number**

GR for grey RAL 7016 antracit

GUL for yellow RAL 1023

VR for red RAL 3009

C for any colour, start up fee.

M for ground mounted, to foundation 200 mm below ground.

N för attachable, mounted to foundation in ground level.

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**Assembly and placement**

Knock down system.

Bolts to the ground with screws.

When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground).

Fall height module 1-5:

140/110/115/90/45cm.

The frames can be attached to almost any surface material or cast in concrete, with room for a layer of cushioning to be added underneath. When assembled and fixed into the ground (need to be mounted to foundation 20 cm under ground)

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**Maintenance**

Repainted as needed

**Download our general maintenance advice**

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## Variants

Five modules and a sign. Height: 45-240 cm.

Standard colors: Gray RAL 7016 antracit, Yellow RAL 1023 och red RAL 3009.

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## Character

Kebne är ett utegym med aktivitetsmöbler för naturlig träning i landskap eller stadsrum.

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*Kebne utegym är inspirerad av berget Kebnekaises bergstoppar och bidrar med det estetiska värdet av en skulptur i ett öppet landskap.*





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